METROPLEX SWIM - 2 WEEK SESSION 16

STARTS MONDAY June 15th

MONDAY June 15th - THURSDAY June 25th

8 CLASSES - 30 MINUTE EACH IN 2 WEEKS

All 2 week sessions are Monday-Thursday

THE BEST WAY TO LEARN TO SWIM

REPETITION, REPETITION, REPETITION

When your child repeats swim strokes in 8 classes over 2 weeks it becomes memory and therefore easier to learn to swim

ALL SESSIONS ARE MONDAY - THURSDAY

9:30-10:00	**Seahorse** Andrew
10:05-10:35	**Stingrays** Andrew
10:40-11:10	**Turtles** Andrew
11:15-11:45	**Marlins** Andrew
11:50-12:20	**Seahorse** Andrew
3:45-4:15	**Marlins** Andrew
4:20 - 4:50	**Whales** Andrew
4:55-5:25	**Seahorse** Andrew
5:30 - 6:00	**Turtles** Andrew
6:05 - 6:35	**Seahorse** Andrew
6:40 - 7:10	**Stingrays** Andrew

CLASS LEVELS & AGE GROUPS

Seahorse	3-5 years	(Limit 3 per class)	Beginners - learning to become comfortable in the water, elementry backstroke, safe places to get air
Turtles	6 and up	(Limit 3 per class)	Beginners - learning to become comfortable in the water, elementry backstroke, safe places to get air
Stingrays	3-5 Years	(Limit 3 per class)	Advanced Beginner - completed previous level will learn to use arms and legs for freestyle
Marlins	6 and up	(Limit 4 per class)	Advanced Beginner - completed previous level will learn to use arms and legs for freestyle
Whales	Skill Based	(Limit 4 per class)	Intermediate Beginnner - Learning sidebreathing and kicks for breaststroke and butterfly

2 week session price	**Monday - Thursday for 2 weeks $178 per session**

www.metroplexswimschool.com 972-727-9095

205 Bethany, Allen TX. Just East of Hwy. 75

WHEN A CHILD COMPLETES A 2 WEEK SWIM SESSION

IT IS BEST TO ENROLL IN A WEEKLY SWIM CLASS TO MAINTAIN AND BUILD ON THEIR SWIM SKILLS