



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
9:30-10:00	Angel Fish - Lauryn	Guppies - Andrew	Stingrays - Lauryn	Seahorse -Andrew		9:30-10:00	Seahorse -Lauryn
							Turtles- Thomas
10:05-10:35	Guppies -Lauryn	Seahorse- Andrew	Seahorse - Lauryn	Seahorse- Andrew			
10:40-11:10	Seahorse -Lauryn	Angel Fish - Andrew	Marlins- Lauryn	Stingrays-Andrew		10:05-10:35	Angel Fish- Lauryn
							Stingrays- Thomas
3:45 4:15	Seahorse -Lauryn	Seahorse- Molly	Turtles- Andrew	Seahorse - Lauryn	Seahorse - Andrew		
	Turtles-Andrew	Marlins - Lauryn	Stingrays -Lauryn	Marlins - Molly	Turtles - Thomas		
						10:40-11:10	Turtles- Thomas
							Marlins - Lauryn
4:20-4:50	Seahorse - Andrew	Seahorse - Lauryn	Seahorse- Andrew	Seahorse - Lauryn	Turtles - Thomas		
	Marlins - Lauryn	Stingrays - Lauryn	Turtles -Lauryn	Whales - Molly	Dolphins - Andrew		
		Whales - Molly					
						11:15-11:45	Turtles - Thomas
4:55 - 5:25	Turtles - Lauryn	Seahorse- Lauryn	Seahorse - Lauryn	Seahorse - Molly	Turtles - Thomas		Whales -Lauryn
	Stingrays - Andrew	Turtles - Molly	Whales- Andrew	Stingrays -Lauryn	Marlin - Andrew		
						11:50-12:20	Guppies -Lauryn
5:30-6:00	Marlins - Lauryn	Turtles -Lauryn	Seahorse- Lauryn	Turtles - Molly	Seahors - Andrew		Seahorse- Thomas
	Dolphins - Andrew	Stingrays - Molly	Marlins - Andrew	Stingrays- Lauryn	Turtles- Thomas		
						12:25-12:55	Seahorse - Thomas
6:05 - 6:35	Seahorse- Andrew	Seahorse - Lauryn	Seahorse -Lauryn	Turtles -Lauryn	Seahorse - Thomas		Marlins -Lauryn
	Whales -Lauryn	Turtles - Lauryn	Marlins- Andrew	Marlins - Molly	Whales - Andrew		
		Marlins - Molly					
6:40 - 7:10	Seahorse - Andrew	Seahorse -Molly	Turtles - Andrew	Seahorse -Lauryn	Seahorse - Thomas	<p>Private Lesson Aviable</p> <p>For Scheduling contact Aquatics Director</p> <p>Swim@metroplexgym.com</p> <p>Metroplex Gymnastics & Swim</p> <p>205 E. Bethany Dr.</p> <p>Allen, TX 75002</p> <p>972-727-9095</p>	
	Stingrays -Lauryn	Stingrays - Lauryn	Stingrays -Lauryn	Whales- Molly	Whales- Andrew		
		Marlins - Lauryn					
7:30 - 8:30	Swim Team Prep		Swim Team Prep		Swim Team Prep		
	Andrew		Andrew		Andrew		

CLASS LEVELS

Guppies	6 - 12 months	(Limit 4 per class)	Parent Child lesson			
Angelfish	13 - 36 months	(Limit 4 per class)	Parent Child lesson			
Seahorse	3-5 years	(Limit 4 per class)	Beginners - learning to become comfortable in the water, elementary backstroke, safe places to get air			
Turtles	6 and up	(Limit 4 per class)	Beginners - learning to become comfortable in the water, elementary backstroke, safe places to get air			
Stingrays	3-5 Years	(Limit 4 per class)	Advanced Beginner - completed previous level will learn to use arms and legs for freestyle			
Marlins	6 and up	(Limit 4 per class)	Advanced Beginner - completed previous level will learn to use arms and legs for freestyle			
Whales	Skill Based	(Limit 4 per class)	Intermediate Beginner - Learning sidebreathing and kicks for breaststroke and butterfly			
Dolphins	Skill Based	(Limit 4 per class)	Intermediate Advanced - learning efficient freestyle and backstroke, putting full breast and butterfly together .			
Sharks	Skillbased	(Limit 4 per class)	Advanced - Knows all four strokes and working on swimming more efficient			
Team Prep	Skillbased	(Limit 6 per class)	Prep for Swim team working on speed, efficiency and endurance (not a swim lesson)			

Monthly Tuition Rates (seahorse-sharks)	1x Week	2X'sWeek	3x's Week	Monthly Tuition Rates (Guppies & Angelfish)		
	\$89	\$169	\$249	1x Week	2X'sWeek	3x's Week
10% sibling Discount	\$80	\$160	\$240			
2 Week Sessions	\$178 (8 Lessons)			\$69	\$131	\$193
Private Lessons	\$250 PER MONTH (4 Lessons)					